

# ZGreen Clean Recipe Book

---

## **Glass Cleaner**<sup>1</sup>

- 1 cup rubbing alcohol
- 1 cup water
- 1 tablespoon vinegar

Combine ingredients in a spray bottle, and wipe clean with a lint-free cloth or newspaper. Alcohol can be omitted; it hastens evaporation to prevent streaking.

## **Drain Cleaner**

- Baking Soda
- Vinegar

Measure equal parts of baking soda and vinegar (around 1/2 cup to 1 cup). Dump the baking soda down the drain, followed by the vinegar. Let sit for five minutes, then flush with hot water.

## **All Purpose Cleaner**

- 2 tablespoons Borax
- ¼ cup lemon juice
- 2 cups water

Dissolve Borax in the lemon juice and water. Put into a spray bottle and use like you would a conventional all-purpose spray.

## **Carpet Spot Remover**

- Borax, cornstarch, or baking soda
- Club soda

Blot the spot immediately, and cover with baking soda, cornstarch or borax. When dry, blot with club soda and vacuum.

## **Dishwasher Soap**<sup>2</sup>:

Mix equal parts of borax and washing soda, but increase the washing soda if your water is hard.

If you want to use a commercial dishwashing soap, try Ecover Ecological or Trader Joe's powders, which contain no bleach or phosphates.

## **Disinfectant:**

Mix 2 teaspoons borax, 4 tablespoons vinegar and 3 cups hot water. For stronger cleaning power add 1/4 teaspoon liquid castile soap. Wipe on with dampened cloth or use non-aerosol spray bottle. (This is not an antibacterial formula. The average kitchen or bathroom does not require antibacterial cleaners.)

To disinfect kitchen sponges, put them in the dishwasher when running a load.

---

<sup>1</sup>Do it yourself. Green Cleaners. <http://www.doityourself.com/stry/how-to-clean-green>

<sup>2</sup> Eartheasy. [http://www.eartheasy.com/live\\_nontoxic\\_solutions.htm](http://www.eartheasy.com/live_nontoxic_solutions.htm)

**Toilet Bowl Cleaner:**

Mix 1/4 cup baking soda and 1 cup vinegar, pour into basin and let it set for a few minutes. Scrub with brush and rinse. A mixture of borax (2 parts) and lemon juice (one part) will also work.

**Tub and Tile Cleaner:**

For simple cleaning, rub in baking soda with a damp sponge and rinse with fresh water. For tougher jobs, wipe surfaces with vinegar first and follow with baking soda as a scouring powder. (Vinegar can break down tile grout, so use sparingly.)

**Laundry Detergent:**

Mix 1 cup Ivory soap (or Fels Naptha soap), 1/2 cup washing soda and 1/2 cup borax. Use 1 tbsp for light loads; 2 tbsp for heavy loads.